

Newborn essentials checklist

Tick off what you have. Add the rest to your baby wish list.

Sleep

- ☐ Moses basket or bedside crib
- ☐ Cot or cot bed (*nice to have*)
- ☐ Mattress that fits snugly
- ☐ Fitted sheets · 3–4
- ☐ Baby sleeping bags · 2
- ☐ Swaddles · 2 (*nice to have*)
- ☐ Room thermometer
- ☐ Baby monitor (*nice to have*)

Feeding

- ☐ Muslin squares · 6–10
- ☐ Bottles · 4–6
- ☐ Steriliser
- ☐ Breast pads
- ☐ Feeding pillow (*nice to have*)
- ☐ Breast pump (*nice to have*)
- ☐ Formula prep machine (*nice to have*)

Changing

- ☐ Newborn nappies
- ☐ Water wipes or cotton wool
- ☐ Nappy cream
- ☐ Changing mat
- ☐ Changing bag
- ☐ Nappy bin (*nice to have*)

Notes

Bathing

- ☐ Baby bath or bath support
- ☐ Hooded towels · 2
- ☐ Gentle baby wash (*nice to have*)
- ☐ Baby nail clippers or file

Clothes

- ☐ Sleepsuits · 6–8
- ☐ Bodysuits (vests) · 6–8
- ☐ Cardigans · 2
- ☐ Soft cotton hats · 2
- ☐ Socks or booties · 3–4 pairs
- ☐ Pramsuit or snowsuit (*nice to have*)

Out and about

- ☐ Rear-facing car seat
- ☐ Pram or pushchair suitable from birth
- ☐ Footmuff or pram blanket
- ☐ Raincover and sunshade
- ☐ Baby carrier or sling (*nice to have*)

Health and safety

- ☐ Digital thermometer
- ☐ Nasal aspirator (*nice to have*)
- ☐ Baby first aid kit (*nice to have*)